



LUNA COMMUNITY PRESENTS:

Is EMF (Electromagnetic Frequency) affecting your Health?

FREE class (with Hummingbird Wholesale organic snacks) Date: Tuesday 10 March 6:30 pm – 8:00 pm

Do you experience brain fog, sleep disturbances, digestive distress, aches and pains, frequent illnesses, skin issues, autoimmune disease, allergies, chronic fatigue, headaches, dizziness, imbalance and more? Improve your health for mental clarity, restful sleep, and freedom from many common health issues, by mitigating your exposure to EMF. Join us to find out why and how.

**LOCATION: THE STELLARIA BUILDING
COMMUNITY ROOM**

Stellaria building 150 Shelton McMurphey Blvd, upstairs



**Julie Tilt
Health Coaching**

Instructor: Julie Tilt Holistic Health Coach

Please register online to save your seat: [**www.julietilt.com/events**](http://www.julietilt.com/events)