

NOURISHING OUR CHILDREN

TIMELESS PRINCIPLES FOR SUPPORTING LEARNING, BEHAVIOR AND HEALTH THROUGH OPTIMAL NUTRITION



Nourishing Our Children DVD Presentation

IMAGINE.

Imagine a child raised according to the nutritional wisdom of our ancestors. This child grows up free of the common ailments and diseases that we currently take for granted. This child's strong, white teeth grow in straight – and free of tooth decay. This child is attentive and engaged, and can learn easily and readily because of optimal brain development. This child is energetic by day and sleeps soundly at night. This child has a strong immune system, does not experience childhood illnesses or allergies, and has a stable, cheerful and optimistic disposition.

NOT REALISTIC?

Come see **NOURISHING OUR CHILDREN** a dynamic presentation in order to learn how your child can experience his or her birthright – radiant health and wholeness.

Audiences learn:

- › Dietary principles to guide them during preconception and pregnancy , as well how to nourish rather than merely feed their children.
- › The foundational nutritional principles Weston A. Price discovered during his extensive travels.
- › The dangers of modern processed foods.
- › Information about water and fluoride, traditional fats and oils, milk, soy, vital nutrients, and healthy meal preparation.

DATE:

Friday, August 24th, 2018

DVD begins at 6:30 PM

Please come early.

LOCATION:

Natural Grocers

201 Coburg Road

Eugene, OR 97401

Presented by The Eugene Chapter, Weston A. Price Foundation®
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For more information please go to:
eugenewestonaprice.org/Newsletters/