THE WESTON A. PRICE FOUNDATION



Eugene Chapter

February 22, 2013

~ DVD Showing ~ Sugar Addiction:

Defeating the Greatest Dietary Crisis of all Time By Julia Ross, MA

Sugar-linked degenerative disease now kills 35 million people a year worldwide. In addition to the new research exposing its toxicity, sugar is now known to be four times more addictive than cocaine because of its potent impact on the brain's appetite chemistry.

This presentation will focus on the nutritional strategies that can stop sugar cravings in 24 hours in over 80% of overeaters of all ages.

Location:

Market of Choice 67 West 29th, Eugene Upstairs in the Community Room

> Day & Time: February 22, 2013 DVD begins at 6:30 PM (Please come around 6:15)

This is the first presentation in a three part series.

Part 2: The Natural Prescription for Depression – **March 22nd**Part 3: Insomnia: The Impact and Cure of a 21st Century Epidemic – **April 26th**